



Quaver Ready™

Guidebook



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Benefits of QuaverReady

After just one year of implementation in LAUSD, QuaverReady schools saw transformative outcomes:

↓ **Student Incidents**
Decreased by 32.35%

↓ **Chronic Absenteeism**
Decreased by 12.92%

↑ **Growth Was Observed Across**
All Competency Bands

These outcomes reflect improved student engagement, stronger school culture, and measurable progress for learners at every level.

Dual-Language

QuaverReady offers resources in both English and Spanish. This includes lessons, songs, interventions, family resources, worksheets, and more! This ensures accessibility for diverse learners, educators, and communities.

Once a lesson is launched, the Language button is available in the Settings menu on the left side of the screen. This allows educators to seamlessly convert a lesson from English to Spanish or select the Side-by-Side view to share the lesson in both languages simultaneously!



Whole-School Approach

Classroom Teachers

QuaverReady offers 36 weeks of ready-to-use lessons for whole group instruction. These lessons can be delivered on a weekly or daily basis.



Weekly

Teachers can teach one full QuaverReady lesson during a single class period each week. A lesson's suggested instructional time is 30-45 minutes and can be easily condensed or extended as needed.

To access a full lesson, select the 'Lessons' icon on your dashboard and choose the lesson you would like to teach. Simply select Launch to present the lesson materials to the class.



Daily

Teachers can easily incorporate QuaverReady into their daily routine. All 36 lessons are available in 'Morning Meeting' view, which divides the lesson into five mini-lessons to complete over the course of a week. Requiring approximately 10 minutes per day, Morning Meeting View is often used during breakfast in the classroom or other daily transitions.

In the 'Lessons' icon, select your lesson title of choice. Then, toggle to the 'Morning Meeting' tab to view the daily model. You can preview the week's activities through the lesson plan or simply select a day and click launch to access the mini-lesson.



Counselors & Social Workers

Our intervention resources provide educators with various tools to meet the needs of students receiving Tier 2 and Tier 3 support. These resources allow educators to be responsive to the changing needs of students. Interventions include Individual Interventions, Small Group Interventions, Behavior Resources, and Peace Corner Resources.



Our Interventions are designed to provide approximately 10-20 minutes of individualized instruction. However, this could vary depending on the discussion depth and group size. Intervention topics include Grief, Self-Esteem, Bullying, Social Skills, and more.

Topics	K-2	3-5
Anger	Working Through Anger 	Coping with Feelings of Anger 
Grief	Talking About Our Grief 	We All Grieve Differently 
Social Skills	Building Friendly Skills 	Practicing Conversations 
Changing Families	When My Family Changes 	Dealing With Family Changes 

For additional topics, browse the Lessons icon, adjusting the grade level up or down, based on student need. While the classroom teachers traditionally use the lessons, some students may benefit from additional exposure to targeted content.

School Leadership

Community Resources

The Community Resources icon provides themed resources aimed to engage students, staff, and families in SEL goals. There are 10 initiatives covering themes including Teamwork, Safety, and Compassion. Each resource includes thematic music, conversation starters, and a community challenge for students to complete over time. Launch a monthly community challenge to unify your school community in reaching a common SEL goal.



Conversation Corner

Discuss opportunities for students to exhibit this month's theme.

At Home	At School	In the Community
→ Ask a family member how their day was or how they are feeling. → Do something kind to help a family member who isn't feeling well.	→ Invite a classmate to play or join an activity if they are by themselves. → Cheer up a sad friend with kind words or actions.	→ Look for ways to help neighbors, like walking a dog or taking out the trash. → Hold open a door for someone who has their hands full.

Rincón Conversacional

Habla de las oportunidades que tienen los estudiantes de mostrar el tema de este mes.

En el hogar	En la escuela	En la comunidad
→ Pregúntale a un miembro de tu familia cómo estuvo su día y cómo se sienten. → Haz algo amable para un miembro de tu familia que no se sienta bien.	→ Invita a un compañero a jugar o a unirse a una actividad si está solo. → Anima a un amigo que esté triste con tus palabras o acciones.	→ Busca una forma de ayudar a los vecinos, como sacar la basura o pasear al perro. → Ábrele y aguántale la puerta a alguien que tenga las manos llenas.

Community Resources are provided in English and Spanish. All resources are available to download and print.

Parent and Child Connections

Problem-solving is a skill that every person needs. When you help your child with their homework, you might notice that they are struggling and becoming frustrated with their work.

How can you encourage better decision-making at home?

- One effective strategy is asking your child to explain their thinking process. This is a great way to learn where they are struggling.
- If they are struggling with a particular question, try brainstorming ideas for a different approach.

Parent Resources

The Parent Resources icon holds an Introduction letter and newsletters aligned with QuaverReady topics, including Self-Awareness, Bullying, and Relationship Skills.

Newsletters encourage discussions and activities to reinforce QuaverReady skills at home. These materials include relevant vocabulary, discussion starters, and QR codes for songs and activities.



Supplemental Dashboard Resources for All

Songs

QuaverReady features a dynamic library of 170+ songs about SEL concepts. In the Songs icon on the dashboard, you'll find a playlist featuring activities, videos, and printables aligned to each song. Explore the filters to browse songs aligned to a specific competency or grade level.

Explore the songs icon for background music in the classroom, Brain Breaks, or even a targeted mini-lesson!



Search Songs...

- ▶ All of These Choices
- ▶ All Up to You
- ▶ Amplified
- ▶ Anger's Not the Boss of Me
- ▶ ★ Be a Better Friend

Brain Breaks

Brain Breaks are quick, structured activities, perfect for productive breaks throughout the day. These activities help students rest, refocus, and reinforce positive character traits such as Respect, Cooperation, Responsibility, and more.

These activities are organized in a calendar format with monthly character themes and daily 5-minute brain break opportunities.

Each day, educators can choose from four types of activities:

- 1 **Music-Based Activities**
- 2 **Discussion Prompts**
- 3 **Drawing Exercises**
- 4 **Movement & Mindfulness**

Theme	Monday	Tuesday	Wednesday	Thursday	Friday
Respect for Others	31 🎵 We Should Be Friends 📝 Emotions Check-In 🖍 Draw a Picture 🎵 Feel the Same Way	1 🎵 We Should Be Friends 📝 How to Be a Good Friend 🖍 Draw a Picture 🎵 Feel the Same Way	2 🎵 We Should Be Friends 📝 Understanding Our Differences 🖍 Draw a Picture 🎵 Feel the Same Way	3 🎵 We Should Be Friends 📝 Go for the Gold 🏃 Move Your Body 🎵 Feel the Same Way	4 🎵 We Should Be Friends 📝 How's Your Week? 🖍 Draw a Picture 🎵 Feel the Same Way



Resource Toolbox

The Resource Toolbox offers additional interactive resources outside of the curriculum. These cover various topics, including: Movement Videos, Mindfulness tools, Reflection printables, and more.

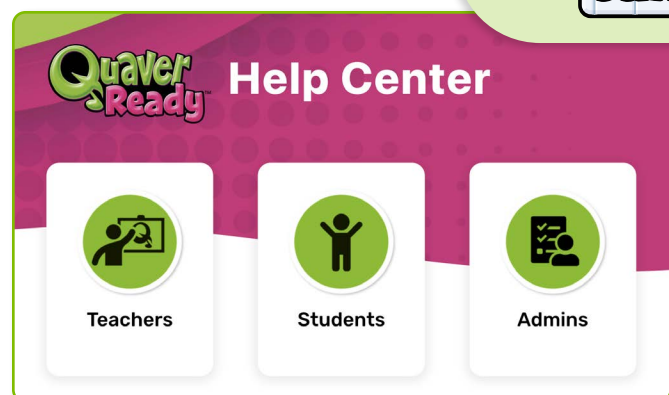
The Resource Toolbox is full of supplemental materials designed to enrich your instruction. Use movement videos to help students release energy or mindfulness songs to promote a calm, focused learning environment. Be sure to explore the Quick Fixes Toolbox for activities and printable resources that provide extra support when students need it most.



Help Center

Looking for guidance on curriculum features, dashboard icons, or other resources? The Help Center is conveniently located at the top right-hand side of your dashboard. It can also be accessed within each lesson or resource.

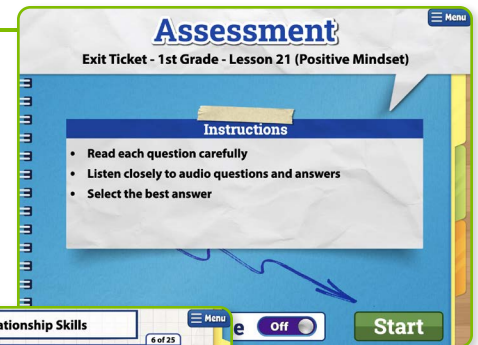
The Help Center includes sections for educators, students, and administrators. Each section features a topic menu and a search bar, making it easy to find the information you need. Here, you can access quick tutorials in both written and video formats covering a wide range of topics.



Data Collection

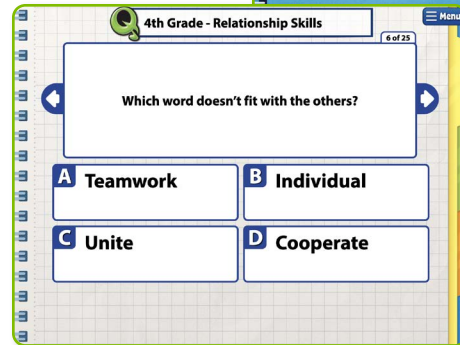
Exit Tickets

Every QuaverReady lesson has an exit ticket, which includes 3-5 multiple-choice questions to assess the lesson's objectives. These can be projected, printed, or assigned to students to complete on their own devices. Exit tickets are a great tool for collecting formative assessment data.



Summative Assessments

The final lesson of each competency area has a summative assessment to collect summative data on the unit as a whole. Each assessment contains 10-25 multiple-choice questions that can be projected, printed, or assigned to students virtually to complete on their own devices. Use these assessments as a pre- and post- assessment to gather growth data for competency areas.



Insight Assessment

The QuaverReady Insight Assessment is an observation tool designed to evaluate students' progress towards mastery of SEL skills. The assessment includes 25 statements measuring 5 core competencies:



- 1 **Self-Awareness**
- 2 **Self-Management**
- 3 **Social Awareness**
- 4 **Relationship Skills**
- 5 **Responsible Decision-Making**

Suggested Supports — Overall Assessment		Recommended Interventions by Competency			
Overall Score	MTSS Tier	CASEL Competency	Average Score	MTSS Tier	Interventions
2.84	Tier 2	Self-Awareness	3.40	Tier 1	Universal
		Self-Management	2.80	Tier 2	Group
		Social Awareness	3.00	Tier 1	Universal
		Relationship Skills	2.60	Tier 2	Group
		Responsible Decision-Making	2.40	Tier 2	Group
Score Ranges					
Tier 1	≥ 3.00				
Tier 2	2.00–				
2.99					
Tier 3	< 2.00				

Easily access the Insight Assessment through your dashboard. Once assessments are completed, individual student and class reports are generated, providing valuable data to guide instruction. Recommended lessons and interventions are also suggested based on identified needs.

Contact Us

We are here for you! Our dedicated customer support team is ready to assist with any questions, concerns, or challenges.



Phone

Call for live support at (866) 917-3633 on weekdays between 5 a.m. and 4 p.m. PT.



Chat

Initiate a chat using the icon at the bottom right corner of your dashboard between 5 a.m. and 4 p.m. PT.



Email

Reach out to CustomerService@QuaverEd.com

Contact your Team



Questions about licenses or district processes?

Contact **Matt Smith**,
Sales Director

MattSmith@QuaverEd.com

629-702-7051



Questions about implementation, PD, or Quaver resources?

Contact **Joanna Barney**,
Implementation Specialist

JoannaBarney@QuaverEd.com



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