

Implementation and Effectiveness of QuaverReady

University of Illinois at Urbana-Champaign Study Overview **Professor Kevin Tan**

Objective

This study aimed to evaluate the implementation and effectiveness of QuaverReady (formerly QuaverSEL), an evidence-based SEL curriculum. Specifically, it sought to understand how the curriculum was used by School Social Workers, assess its impact on students' personal and social competencies and academic performance, and capture user impressions across diverse educational contexts.

Method

The study was conducted by Professor Kevin Tan of the School of Social Work at the University of Illinois at Urbana-Champaign during the 2020–2021 school year. The purpose was to conduct an independent study of QuaverReady (formerly known as QuaverSEL).

Professor Tan's research specializes in collaborating with district administrative and teacher teams. The goal is to understand data and promote strategies to support students, families, and their communities' social, emotional, and behavioral health.

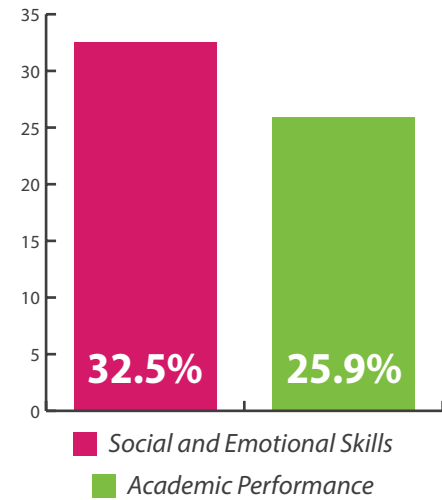
QuaverEd provided School Social Work Association of America members free access to the curriculum for the duration of the study.

- Participants represented a range of school sizes, demographics, and Title I statuses.
- Over two semesters, participants logged into the curriculum an average of 172 times to access resources.
- Data collection included detailed surveys addressing usage patterns, work environment, school climate, and user demographics.
- The study also examined usage differences based on leadership roles, school size, and the presence of existing programs.



Results

- **Student Impact:** 32.5% of students demonstrated observable improvements in social and emotional skills beyond expectation. At the same time, 25.9% of the students showed improved academic performance beyond expectations.
- **Engagement:** Students enjoyed using the multimedia features of QuaverReady, including songs, music, games, animations, and interactive activities.
- **Usage Patterns:** Some variations in QuaverReady usage were noted between lead Social Workers and non-leads, large versus smaller schools, and schools with and without existing SEL programs.



Conclusion

The study highlights the effectiveness of QuaverReady as a flexible, engaging, and impactful readiness resource. It supports significant gains in personal and social skills and academic performance, with positive feedback from both students and social workers. These findings underscore QuaverReady's potential to foster meaningful personal and social growth across diverse educational settings.

Students Preferences Within the Program



Musical Elements

QuaverReady is packed with engaging songs that reinforce key messages to every grade and skill level.

Educators can also access Spanish versions of all songs and animations.



Brain Breaks

Brain Breaks include movement and mindful activities that refresh and refocus students.

Emotion Soundboard

Emotion Soundboard allows students to select the emoji of how they are feeling. This activity encourages discussion on how students identify and reflect on their emotions



Anonymous Educator Testimonials

"It's all easy. Once I learned the components, it just flowed! I would like to practice more with the multimedia screens, but I'm sure I'd love that too."

"I just love the lesson plans and all the subject areas and skills that were made available."

"The videos and songs were a great way to reinforce the materials! The Rules, Rules, Everybody Needs Them song was a great lesson. The self-confidence lesson was also another great go to lesson."

The full study can be [found here](#).