



MOVEMENT MADNESS 2024



Songs with Movement

Balance and Nutrition

Four Dimensions of Health

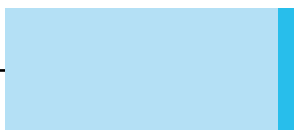
Healthy Choices

Balloon Bonanza

Games

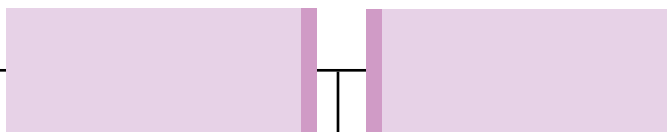
Semifinal

March 11-March 22



Championship

March 25-March 29



Movement Madness Champion

April 1



Semifinal

March 11-March 22



Warm-Up

Go, Collect, Play

Wacky Warm-ups

Cool Down Your Body

Under the Sea

Cool Down

First Round

February 26-March 8

February 26-March 8

First Round

Visit [QuaverEd.com/MovementMadness](https://www.QuaverEd.com/MovementMadness) each week to cast your ballot and learn more about Movement Madness!