



QuaverPLC: Leaders in Education – Engaging with Students Through PE

GUEST SPEAKER
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Description

This session will focus on why engaging meaningfully with students through PE is essential in today's schools.

Directions

As you watch the video, please take notes surrounding each topic. After the session, take some time to reflect on how to incorporate the discussed strategies personally and in your school.

	Reflection	Notes
1. What does it mean to be your "authentic self" as a PE teacher?		
2. Why is physical literacy a significant part of the whole-school, whole-community, whole-child model?		
3. How can PE teachers strategize for differentiation among their students?		

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	Reflection	Notes
4. What are good preparation strategies for increased student engagement?		
5. What is an administrator’s viewpoint when observing for meaningful engagement within a PE setting?		
6. Why is collaboration important for strengthening teaching practices?		
7. In what ways can you elevate self-care, prevent “teacher burnout,” and promote wellness within your school?		