

# QuaverPLC: Leaders in Education – Engaging with Students Through PE

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## Overview

**QuaverPLCs** bring educators and leaders together to discuss important and timely topics in education. Our goal is for you to come away with powerful insight and actionable steps that will help create a culture for success in your school or district.

After watching an episode of “Leaders in Education,” we invite you to discuss these relevant topics in **your own PLC**. We provide you with the framework for discussion, relevant resources, and a general guide to begin thinking about next steps.



## The Process

During your PLC, team members will work through the framework laid out in pages 2–4 of this document. This is designed to aid educators and leaders to take part in thoughtful and meaningful discussions.

## Next Steps

Schedule a Meeting Time and Date	Pre-Work Expectations
<p><b>Date:</b></p> <p><b>Time:</b></p> <p><b>Location:</b></p>	<ul style="list-style-type: none"> <li>• Please view or listen to Episode 8 of “Leaders in Education.”</li> <li>• Complete the “<b>Discussion Questions</b>” handout.</li> <li>• Come to the meeting prepared to discuss the topic “<b>Engaging with Students Through PE.</b>”</li> </ul>

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### Strategizing for Authentic Connections in the Gym/Classroom

#### Objectives

- Discuss strategies to increase and enhance engagement with students.
- Plan ways to incorporate engagement strategies within lessons/activities.
- Share ideas and collaborate with colleagues.

#### Opening

Ask educators to get out the **“Discussion Questions” handout**. Begin a group discussion for educators to share their answers aloud. As the discussion wraps up, allow a few moments for each individual to write down thoughts and reflections.

#### Collaboration

Rearrange seating so that PE and Health teachers can collaborate in groups. Try to limit each group to four to five teachers if possible.

Provide each group with the handout **“Engaging with Students Through PE Organizer.”** Ask that they complete this as they collaborate with their colleagues.

#### Wrap Up

Ask each group to share one or two ideas they had during their discussion. As other groups share, educators may want to add new ideas to their own planning chart.



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### Discussion Questions

**Directions:** After watching Episode 8, please discuss these questions with your group and record responses below.

**1. What are some interesting takeaways you had from this “Leaders in Education” episode?**

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**2. Why is being your authentic self important when engaging with students?**

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**3. What steps of preparation do you feel are game changers for PE teachers?**

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**4. How can collaborating with other teachers positively affect engagement with students?**

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**5. In what ways can we promote the importance of wellness and self-care in our schools?**

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## Engaging with Students Through PE Organizer

**Directions:** Consider some of the lessons and activities you are preparing for this year. Discuss how you could increase engagement with students through the lenses of differentiation and PE skill acquisition.

Lesson/Activity	In what ways will I track student progress during this lesson? Consider what you'll be able to observe students doing during your lesson.	How can I differentiate instruction (e.g., space, time, equipment, etc.)?	When and how will I give specific/corrective feedback?	What changes will I make to this lesson in the future?