

# QuaverPLC: Leaders in Education Getting Students Moving!

GUEST SPEAKER  
Auburn Cain

SPONSORED BY  
QuaverEd

## Description

This session will focus on why and how to engage all students in physical movement.



As you watch the video, please take notes surrounding each topic. After the session, take some time to reflect on the importance of student movement in your classroom setting.

	Notes	Reflection
1. What is your educational philosophy and how has it evolved over time?		
2. What does physical literacy mean to you and what does it look like?		
3. What are instant activities and how have they had a positive impact in your class? What do they look like?		

## QuaverPLC: Leaders in Education - Getting Students Moving!

	Notes	Reflection
4. What does cross-curricular planning look like for you?		
5. What suggestions do you have for incorporating movement into other classes?		
6. How can PE teachers accommodate and adapt instruction for all learners?		
7. How do you measure success for students? What does authentic assessment look like?		
8. What are some areas of personal growth you have identified and what steps are you taking to grow?		
9. How do you advocate for Physical Education and how would you encourage others to do the same?		