



"You can easily find lessons and questions for the appropriate grade level!"

"We used to use textbooks, but **QuaverHealth·PE** brings what we're teaching to life!"

"I like Quaver because it's easy to use, and organized well. My students enjoy it!"

"The questions have been great, and it's been easy to incorporate movement in any lesson!"

– Jason L., Keller, TX



"Student-centered curriculum lets them get involved in their health!"

"The students really connect to the different genres in the music."

"Students love hearing 'why' they should care about their health. It gives them a reason to be engaged!"

"Teacher-friendly lesson planning! Just print and go!"

"It's easy to incorporate movement activities and games in the classroom!"

– Rochelle M., Houston, TX



"The lesson cycle and supplemental plans have all info I need in one place! Easy to show administration."

"This has been the best start I have ever had as a PE teacher. This curriculum has been a game changer."

– Sam W., Houston, TX



"The kids really enjoy and engage with the songs and videos!"

"I love how lessons build upon each other. It saves time having all of the resources in one place!"

"I used to spend a lot of time searching, now I've got everything in one place!"

– Liz B., Justin, TX

"The fully inclusive curriculum is easy to add to what I'm teaching."

"I really enjoy the tailored language for each grade level. And it's TEKS aligned!"

"I can choose between the full lesson, or just as an intro. And there are plenty of opportunities to develop literacy."

– Cody D., Keller, TX

