



# Curriculum Map





# Curriculum Map

Week	Health Module	PE Unit	Week
1	<b>Module 1: General Health</b>	<b>Unit 1: PE 101</b>	1
2			2
3			3
4			4
5	<b>Module 2: Social Behavior</b>	<b>Unit 2: Foot Dribble and Pass</b>	5
6			6
7			7
8			8
9	<b>Module 3: Responsible Decision Making</b>	<b>Unit 3: Kick</b>	9
10			10
11			11
12			12
13	<b>Module 4: Healthy Practices and Hygiene</b>	<b>Unit 4: Catch</b>	13
14			14
15			15
16			16
17	<b>Module 5: Mental Health and Wellness</b>	<b>Unit 5: Throw</b>	17
18			18
19			19
20			20
21	<b>Module 6: Healthy Eating and Nutrition</b>	<b>Unit 6: Hand Dribble and Pass</b>	21
22			22
23			23
24			24
25	<b>Module 7: Disease and Illness Prevention</b>	<b>Unit 7: Volley</b>	25
26			26
27			27
28			28
29	<b>Module 8: Safety and Accident Prevention</b>	<b>Unit 8: Jump, Balance, Spin, and Roll</b>	29
30			30
31			31
32			32
33	<b>State-Specific Lessons and Activities</b>	<b>Unit 9: Jump Rope</b>	33
34			34
35			35
36			36
		<b>Unit 10: Strike with Manipulative</b>	
		<b>Unit 11: Track &amp; Field</b>	
		<b>Unit 12: Beyond the Gym</b>	