



**School Social Work
Association of America**
SSWAA Crosswalk



SSWAA Crosswalk

Pre-Kindergarten



Lesson #	Lesson Name	Competency	Sub-Competency	SSWAA Goals
1	Rules Are Important	Self-Management	Self-Discipline	G4.1., G4.2., G5.2.
2	My First Day at School	Social Awareness	Respect for Others	G1.1., G1.2., G2.1.
3	Saying, "Hello!"	Self-Awareness	Self-Confidence	G1.1., G1.2., G1.3., G2.2., G3.1., G3.3., G3.4.
4	Finding My Way Around	Responsible Decision-Making	Solving Problems	G1.1., G2.3., G4.2.
5	Asking Questions	Relationship Skills	Communication	G1.1., G2.3., G4.2., G5.2., G3.4.
6	Getting to Know Each Other	Relationship Skills	Social Engagement	G1.1., G1.2., G1.3., G2.1., G3.4.
7	Friends Are Great	Relationship Skills	Relationship Building	G1.1., G1.2., G1.3., G2.1., G2.2., G3.2., G3.4.
8	All Kinds of Friends	Self-Awareness	Recognizing Strengths	G1.1., G1.2., G2.2.
9	Ways to Be Happy	Self-Management	Goal Setting	G1.1., G1.2., G2.1.
10	What Makes You Happy?	Responsible Decision-Making	Reflecting	G1.1., G1.2., G2.2., G3.3., G3.4.
11	Sharing	Responsible Decision-Making	Identifying Problems	G1.1., G1.2., G2.1., G3.3., G3.4., G4.1., G4.2.
12	I Can Share	Responsible Decision-Making	Ethical Responsibility	G1.1., G1.2., G2.1., G3.3., G3.4., G4.1., G4.2.
13	Being Kind	Social Awareness	Empathy	G1.1., G3.1., G3.3., G3.4.
14	Take the Time to Be Kind	Social Awareness	Perspective Taking	G1.1., G3.1., G3.3., G3.4.
15	Learning to Listen	Self-Management	Impulse Control	G1.1., G1.2., G2.3., G3.1., G3.3., G3.4., G3.6., G4.2.
16	Listening Practice	Self-Management	Impulse Control	G1.1., G1.2., G2.3., G3.1., G3.3., G3.4., G3.6., G4.2.
17	A Good Team	Relationship Skills	Teamwork	G1.1., G4.1., G4.2.
18	Working as a Team	Relationship Skills	Teamwork	G1.1., G4.1., G4.2.
19	Learning and Growing	Self-Management	Self-Discipline	G1.1., G1.2.
20	I Am Learning	Self-Management	Self-Motivation	G1.1., G1.2.
21	Naming My Feelings	Self-Awareness	Accurate Self-Perception	G1.1., G2.1.
22	How Are They Feeling?	Self-Awareness	Identifying Emotions	G1.1., G2.1., G3.1., G3.3.

SSWAA Crosswalk

Kindergarten



Lesson #	Lesson Name	Competency	SSWAA Goals
Lesson 1	I Am Happy	Self-Awareness / Identifying Emotions	G1.1.; G2.1.
Lesson 2	Following Rules	Self-Management / Self-Discipline	G3.1.; G5.3.
Lesson 3	Learning to Listen	Social Awareness / Respect for Others	G1.1.; G3.3.; G4.2.
Lesson 4	Making Friends	Relationship Skills / Relationship Building	G1.1.; G2.3.
Lesson 5	I Care	Responsible Decision-Making / Ethical Responsibility	G1.1.; G2.2.; G3.1.; G3.3.
Lesson 6	I Am Confident	Self-Awareness / Self-Confidence	G1.1.; G1.2.; G2.1.; G2.2.
Lesson 7	I Am Growing	Self-Management / Goal Setting	G1.1.; G1.2.; G2.2.
Lesson 8	Please and Thank You	Social Awareness/ Respect For Others	G1.1.; G1.2.; G3.1.
Lesson 9	Working Together	Relationship Skills / Teamwork	G1.1.; G1.2.; G2.2.; G3.3.; G4.1.
Lesson 10	Finding My Way	Responsible Decision-Making / Solving Problems	G1.1.; G1.2.; G3.3.; G4.4.
Lesson 11	Discovering My Strengths	Self-Awareness / Recognizing Strengths	G1.1.; G1.2.; G2.2.; G2.1.
Lesson 12	Putting Things in Order	Self-Management / Organizational Skills	G1.1.; G2.1.
Lesson 13	I Am Different From You	Social Awareness / Perspective-Taking	G1.1.; G2.1.; G2.2.
Lesson 14	Sharing and Taking Turns	Relationship Skills / Social Engagement	G1.1.; G2.1.; G4.4.
Lesson 15	What Is a Problem	Responsible Decision-Making / Identifying Problems	G1.1.; G4.4.
Lesson 16	How I Feel	Self-Awareness / Accurate Self-Perception	G1.1.; G2.1.
Lesson 17	When I Worry	Self-Management / Stress Management	G1.1.; G2.1.
Lesson 18	We Are Different	Social Awareness / Appreciating Diversity	G1.3.; G2.3.
Lesson 19	Talking to Each Other	Relationship Skills / Communication	G1.1.; G2.1.; G3.3.; G4.1.; G4.2.
Lesson 20	What Is a Situation?	Responsible Decision-Making / Analyzing Situations	G1.1.; G2.1.; G4.4.
Lesson 21	I Can Do It	Self-Awareness / Self-Efficacy	G1.1.; G2.1.
Lesson 22	Controlling Myself	Self-Management / Impulse Control	G2.1.
Lesson 23	Understanding Others' Feelings	Social Awareness / Empathy	G3.1.
Lesson 24	I Can Make It Better	Responsible Decision-Making / Evaluating	G3.1.
Lesson 25	Why We Go to School	Self-Management / Self-Motivation	G2.2.; G5.3.
Lesson 26	What Can I Remember?	Responsible Decision-Making / Reflecting	G1.1.; G2.1.
Lesson 27	Be a STAR Student	SEL Plus – Academic Achievements	G1.2.; G2.2.
Lesson 28	Using Kind Words	SEL Plus – Bullying	G2.1.; G3.1.
Lesson 29	Safe and Unsafe Strangers	SEL Plus – Personal Safety	G3.2.
Lesson 30	What Is Honesty?	SEL Plus – Honesty	G1.1.; G2.1.
Lesson 31	Trying New Things	SEL Plus – Feeling Anxious	G1.2.
Lesson 32	Being Disappointed	SEL Plus – Disappointment	G1.1.; G2.1.
Lesson 33	We Have Different Feelings	SEL Plus – Moods	G1.1.; G1.3.; G2.1.; G3.1.
Lesson 34	K-2nd: Coping With Difficult Times	SEL Plus – Transition	G1.1.; G2.3.; G3.4.; G4.2.
Lesson 35	K-2nd: What Is Grief?	SEL Plus – Grief	G1.1.; G2.3.; G4.2.
Lesson 36	K-2nd: All About Gratitude	SEL Plus – Gratitude	

SSWAA Crosswalk

1st Grade



Lesson #	Lesson Name	Competency	SSWAA Goals
Lesson 1	Sharing Happiness	Self-Awareness / Identifying Emotions	G1.1.; G2.1.
Lesson 2	Rules Help Us	Self-Management / Self-Discipline	G3.1.; G5.3.
Lesson 3	Listening Carefully	Social Awareness / Respect for Others	G1.1.; G3.3.; G4.2.
Lesson 4	Friends Are Special	Relationship Skills / Relationship Building	G1.1.; G2.3.; G3.3.
Lesson 5	What I Care About	Responsible Decision-Making / Ethical Responsibility	G1.1.; G2.2.; G3.1.; G3.3.
Lesson 6	Building Confidence	Self-Awareness / Self-Confidence	G1.1.; G1.2.; G2.1.; G2.2.
Lesson 7	Setting Goals	Self-Management / Goal Setting	G1.1.; G1.2.; G2.2.
Lesson 8	Good Manners	Social Awareness/ Respect For Others	G1.1.; G1.2.; G2.2.; G3.1.; G3.3.
Lesson 9	Parts of a Team	Relationship Skills / Teamwork	G1.1.; G1.2.; G2.2.; G3.3.; G4.1.
Lesson 10	I Can Solve Problems!	Responsible Decision-Making / Solving Problems	G1.1.; G1.2.; G3.3.; G4.4.
Lesson 11	Sharing My Strengths	Self-Awareness / Recognizing Strengths	G1.2.; G2.1.; G2.2.
Lesson 12	Organizing Myself	Self-Management / Organizational Skills	G1.1.; G2.1.
Lesson 13	Understanding You	Social Awareness / Perspective Taking	G2.2.
Lesson 14	The Golden Rule	Relationship Skills / Social Engagement	G2.2.; G4.4.
Lesson 15	How I Feel About Problems	Responsible Decision-Making / Identifying Problems	G1.1.; G4.4.
Lesson 16	Showing My Feelings	Self-Awareness / Accurate Self-Perception	G1.1.; G2.1.; G2.3.
Lesson 17	I Feel Stressed	Self-Management / Stress Management	G1.1.; G2.1.
Lesson 18	How We're Different	Social Awareness / Appreciating Diversity	G1.3.; G2.3.
Lesson 19	Having a Conversation	Relationship Skills / Communication	G1.1.; G2.1.; G3.3.; G4.1.; G4.2.
Lesson 20	Understanding Problems	Responsible Decision-Making / Analyzing Situations	G1.1.; G2.1.; G4.4.
Lesson 21	Positive Mindset	Self-Awareness / Self-Efficacy	G1.1.; G2.1.; G4.4.; G2.2.
Lesson 22	Practicing My Self-Control	Self-Management / Impulse Control	G2.1.; G3.3.; G4.4.
Lesson 23	Understanding My Friends	Social Awareness / Empathy	G2.1.; G3.1.
Lesson 24	Understanding What Worked	Responsible Decision-Making / Evaluating	G3.1.
Lesson 25	Things I Should Do	Self-Management / Self-Motivation	G2.2.; G5.3.
Lesson 26	How Do I Reflect?	Responsible Decision-Making / Reflecting	G1.1.; G2.1.; G2.2.
Lesson 27	Trying My Best	SEL Plus – Academic Achievements	G1.2.; G2.2.
Lesson 28	Standing Up for Me	SEL Plus – Bullying	G2.1.; G4.3.; G4.4.
Lesson 29	Safe and Unsafe Touch	SEL Plus – Personal Safety	G3.2.
Lesson 30	Why Is Honesty Important?	SEL Plus – Honesty	G3.1.
Lesson 31	Big Changes Are Okay	SEL Plus – Feeling Anxious	G1.3.
Lesson 32	Understanding Disappointment	SEL Plus – Disappointment	G1.1.; G2.1.
Lesson 33	Having Two Feelings at the Same Time	SEL Plus – Moods	G1.1.; G1.3.; G2.1.
Lesson 34	K-2nd: Coping With Difficult Times	SEL Plus – Transition	G1.1.; G2.3.; G3.4.; G4.2.
Lesson 35	K-2nd: What Is Grief?	SEL Plus – Grief	G1.1.; G2.3.; G4.2.
Lesson 36	K-2nd: All About Gratitude	SEL Plus – Gratitude	

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2nd Grade



Lesson #	Lesson Name	Competency	SSWAA Goals
Lesson 1	Identifying Strong Feelings	Self-Awareness / Identifying Emotions	G1.1.; G2.1.
Lesson 2	The Reason for Rules	Self-Management / Self-Discipline	G3.4.
Lesson 3	Listening to Others	Social Awareness / Respect for Others	G1.1.; G3.3.; G4.2.
Lesson 4	What Makes a Good Friend?	Relationship Skills / Relationship Building	G1.1.; G2.3.; G3.3.
Lesson 5	Trustworthiness	Responsible Decision-Making / Ethical Responsibility	G2.3.; G4.3.
Lesson 6	Showing I Am Confident	Self-Awareness / Self-Confidence	G1.1.; G1.2.; G2.1.; G2.2.
Lesson 7	Setting a Short-Term Goal	Self-Management / Goal Setting	G2.2.
Lesson 8	Respect for My Family	Social Awareness/ Respect For Others	G2.2.; G3.1.; G3.3.
Lesson 9	Types of Teams	Relationship Skills / Teamwork	G1.1.; G1.2.; G2.2.; G3.3.; G4.1.
Lesson 10	Asking for Help	Responsible Decision-Making / Solving Problems	G2.3.; G3.3.; G4.4.
Lesson 11	My Strengths and Weaknesses	Self-Awareness / Recognizing Strengths	G1.2.; G2.2.
Lesson 12	Organization Is Important	Self-Management / Organizational Skills	G5.3.
Lesson 13	My Habits Are Different From Yours	Social Awareness / Perspective Taking	G3.3.
Lesson 14	Including Others	Relationship Skills / Social Engagement	G2.1.; G3.1.; G3.3.
Lesson 15	Big and Small Problems	Responsible Decision-Making / Identifying Problems	G4.4.
Lesson 16	What My Feelings Mean	Self-Awareness / Accurate Self-Perception	G1.1.; G2.1.; G2.3.
Lesson 17	Causes of Stress	Self-Management / Stress Management	G1.1.; G2.1.; G3.3.
Lesson 18	Our Differences Affect Our Choices	Social Awareness / Appreciating Diversity	G1.3.; G2.3.
Lesson 19	People I Can Talk To	Relationship Skills / Communication	G1.1.; G2.3.; G3.3
Lesson 20	Major and Minor Situations	Responsible Decision-Making / Analyzing Situations	G4.3.
Lesson 21	Growth Mindset	Self-Awareness / Self-Efficacy	G2.2.; G3.3.
Lesson 22	Controlling My Emotions	Self-Management / Impulse Control	G1.1.; G2.1.; G3.3.; G4.4.
Lesson 23	Feeling What Others Feel	Social Awareness / Empathy	G2.1.; G3.3.; G4.4.
Lesson 24	How to Evaluate Something	Responsible Decision-Making / Evaluating	G5.3.
Lesson 25	What Is Motivation?	Self-Management / Self-Motivation	G2.2.
Lesson 26	What Is the Purpose of Reflecting?	Responsible Decision-Making / Reflecting	G1.2., G2.2.
Lesson 27	When I Don't Understand	SEL Plus – Academic Achievements	G3.1.;G4.2.;G5.2.
Lesson 28	Bullies; Bystanders; and Victims	SEL Plus – Bullying	G2.1.; G3.3.; G4.3.; G4.4.
Lesson 29	Getting Lost	SEL Plus – Personal Safety	G2.3.; G5.2.
Lesson 30	Telling the Truth	SEL Plus – Honesty	G3.2.; G5.2.
Lesson 31	What to Do When I Worry	SEL Plus – Feeling Anxious	G1.1.; G2.1.
Lesson 32	When I Don't Get My Way	SEL Plus – Disappointment	G2.1.
Lesson 33	What Is a Mood?	SEL Plus – Moods	G1.1.; G2.1.
Lesson 34	K-2nd: Coping With Difficult Times	SEL Plus – Transition	G1.1.; G2.3.; G3.4.; G4.2.
Lesson 35	K-2nd: What Is Grief?	SEL Plus – Grief	G1.1.; G2.3.; G4.2.
Lesson 36	K-2nd: All About Gratitude	SEL Plus – Gratitude	

SSWAA Crosswalk

3rd Grade



Lesson #	Lesson Name	Competency	SSWAA Goals
Lesson 1	When I Feel Angry	Self-Awareness / Identifying Emotions	G1.1.
Lesson 2	Making Rules for Myself	Self-Management / Self-Discipline	G2.2.
Lesson 3	Benefits of Listening	Social Awareness / Respect for Others	G4.2.
Lesson 4	Signs of a Strong Friendship	Relationship Skills / Relationship Building	G4.1.
Lesson 5	My Responsibilities	Responsible Decision-Making / Ethical Responsibility	G5.3.
Lesson 6	Value of Self-Confidence	Self-Awareness / Self-Confidence	G1.2.
Lesson 7	Goals and Motivation	Self-Management / Goal Setting	G2.2.
Lesson 8	Respect for My School	Social Awareness/ Respect For Others	G5.3.
Lesson 9	Building a Strong Team	Relationship Skills / Teamwork	G4.1.
Lesson 10	Brainstorming Solutions	Responsible Decision-Making / Solving Problems	G5.2.
Lesson 11	Overcoming My Weakness	Self-Awareness / Recognizing Strengths	G1.1.; G2.1.
Lesson 12	Organizing and Prioritizing My Work	Self-Management / Organizational Skills	G2.2.
Lesson 13	We All See Things Differently	Social Awareness / Perspective-Taking	G3.2.
Lesson 14	Solving Conflict	Relationship Skills / Social Engagement	G4.4.
Lesson 15	What Caused the Problem?	Responsible Decision-Making / Identifying Problems	G4.4.
Lesson 16	Perserverance	Self-Awareness / Accurate Self-Perception	G2.2.
Lesson 17	Managing Stress	Self-Management / Stress Management	G2.1.
Lesson 18	Learning About Cultures	Social Awareness / Appreciating Diversity	G3.5.
Lesson 19	Different Ways to Communicate My Feelings	Relationship Skills / Communication	G4.2.
Lesson 20	Breaking Down Situations	Responsible Decision-Making / Analyzing Situations	G5.2.
Lesson 21	Succeeding in a New Situation	Self-Awareness / Self-Efficacy	G2.2.
Lesson 22	Thinking Things Through	Self-Management / Impulse Control	G2.1.
Lesson 23	My World is Bigger Than Me	Social Awareness / Empathy	G3.3.
Lesson 24	Evaluating My Day	Responsible Decision-Making / Evaluating	G2.2.; G5.3.
Lesson 25	Exploring Motivation	Self-Management / Self-Motivation	G2.1.
Lesson 26	Reflecting With Others	Responsible Decision-Making / Reflecting	G1.1.; G3.6.
Lesson 27	Improving My School Work	SEL Plus – Academic Achievements	G2.2.
Lesson 28	Assertiveness and Bullying	SEL Plus – Bullying	G2.1.; G4.3.; G4.4.
Lesson 29	What to Do in an Emergency	SEL Plus – Personal Safety	G5.2.
Lesson 30	What Is Integrity?	SEL Plus – Honesty	G5.3.
Lesson 31	What I Can and Can't Control	SEL Plus – Feeling Anxious	G2.1.
Lesson 32	How to Lose Respectfully	SEL Plus – Disappointment	G1.1.
Lesson 33	When I Don't Like My Mood	SEL Plus – Moods	G1.1.; G2.1.
Lesson 34	3rd-5th: Beginning Again	SEL Plus – Transition	G1.1.; G2.3.; G3.4.; G4.2.
Lesson 35	3rd-5th: Dealing With Grief	SEL Plus – Grief	G1.1.; G2.3.; G4.2.
Lesson 36	3rd-5th: The Gift of Gratitude	SEL Plus – Gratitude	

SSWAA Crosswalk

4th Grade



Lesson #	Lesson Name	Competency	SSWAA Goals
Lesson 1	Understanding My Feelings	Self-Awareness / Identifying Emotions	G1.1.
Lesson 2	Benefits of Self-Discipline	Self-Management / Self-Discipline	G2.2.
Lesson 3	Thinking Before Speaking	Social Awareness / Respect for Others	G4.2.
Lesson 4	Celebrating Our Friendships	Relationship Skills / Relationship Building	G4.1.
Lesson 5	Understanding Right from Wrong	Responsible Decision-Making / Ethical Responsibility	G5.3.
Lesson 6	Recovering My Self-Confidence	Self-Awareness / Self-Confidence	G1.2.
Lesson 7	Setting Long-Term Goals	Self-Management / Goal Setting	G2.2.
Lesson 8	Respect for My Community	Social Awareness/ Respect For Others	G5.3.
Lesson 9	Keeping the Team Together	Relationship Skills / Teamwork	G4.1.
Lesson 10	Making the Right Decision	Responsible Decision-Making / Solving Problems	G5.2.
Lesson 11	My Personality Traits	Self-Awareness / Recognizing Strengths	G1.2.
Lesson 12	Optimizing My Time	Self-Management / Organizational Skills	G2.2.
Lesson 13	My Actions and Words Affect Others	Social Awareness / Perspective-Taking	G3.2.
Lesson 14	What Is Bullying?	Relationship Skills / Social Engagement	G4.4.
Lesson 15	Preventing the Problem	Responsible Decision-Making / Identifying Problems	G4.4.
Lesson 16	Improving Myself	Self-Awareness / Accurate Self-Perception	G1.2.
Lesson 17	Different Types of Stress	Self-Management / Stress Management	G2.1.
Lesson 18	Similarities and Differences of Cultures	Social Awareness / Appreciating Diversity	G3.5.
Lesson 19	Reading Body Language	Relationship Skills / Communication	G4.2.
Lesson 20	Learning from Situations	Responsible Decision-Making / Analyzing Situations	G5.2.
Lesson 21	Being Resilient	Self-Awareness / Self-Efficacy	G1.2.
Lesson 22	Controlling My Thoughts	Self-Management / Impulse Control	G2.1.
Lesson 23	How to Express Empathy	Social Awareness / Empathy	G3.3.
Lesson 24	Evaluating Our Decisions	Responsible Decision-Making / Evaluating	G5.2.; G5.3.
Lesson 25	Long-Term Motivation	Self-Management / Self-Motivation	G2.1.; G2.2.
Lesson 26	How Do I Apply My Reflection?	Responsible Decision-Making / Reflecting	G1.1.; G3.6.
Lesson 27	Good Study Skills	SEL Plus – Academic Achievements	G2.2.; G5.3.
Lesson 28	Standing Up for Others	SEL Plus – Bullying	G2.1.; G3.3.; G4.3.; G4.4.
Lesson 29	Setting Personal Boundaries	SEL Plus – Personal Safety	G3.6.; G4.3.; G5.1.
Lesson 30	Being Honest with Myself and Others	SEL Plus – Honesty	G2.1.
Lesson 31	What I Feel Anxious About	SEL Plus – Feeling Anxious	G1.1.; G2.1.
Lesson 32	Setting Realistic Expectations	SEL Plus – Disappointment	G2.2.
Lesson 33	When a Mood Stays Too Long	SEL Plus – Moods	G1.1.; G2.1.
Lesson 34	3rd-5th: Beginning Again	SEL Plus – Transition	G1.1.; G2.3.; G3.4.; G4.2.
Lesson 35	3rd-5th: Dealing With Grief	SEL Plus – Grief	G1.1.; G2.3.; G4.2.
Lesson 36	3rd-5th: The Gift of Gratitude	SEL Plus – Gratitude	

SSWAA Crosswalk

5th Grade



Lesson #	Lesson Name	Competency	SSWAA Goals
Lesson 1	Dealing with Multiple Feelings	Self-Awareness / Identifying Emotions	G1.1.
Lesson 2	Practicing Self-Discipline	Self-Management / Self-Discipline	G2.2.
Lesson 3	Balancing Listening and Talking	Social Awareness / Respect for Others	G4.2.
Lesson 4	Maintaining Friendship Groups	Relationship Skills / Relationship Building	G4.1.
Lesson 5	Being a Responsible Citizen	Responsible Decision-Making / Ethical Responsibility	G5.3.
Lesson 6	I am Valuable	Self-Awareness / Self-Confidence	G1.2.
Lesson 7	Setting Life Goals	Self-Management / Goal Setting	G2.2.
Lesson 8	Respect the Planet	Social Awareness/ Respect For Others	G5.3.
Lesson 9	Being a Strong Team Leader	Relationship Skills / Teamwork	G4.1.
Lesson 10	Short-Term and Long-Term Solutions	Responsible Decision-Making / Solving Problems	G5.2.
Lesson 11	Using My Strengths to Help Others	Self-Awareness / Recognizing Strengths	G4.1.
Lesson 12	Organize; Prioritize; Optimize	Self-Management / Organizational Skills	G2.2.
Lesson 13	Results of Different Perspectives	Social Awareness / Perspective-Taking	G3.2.
Lesson 14	Conflict vs. Bullying	Relationship Skills / Social Engagement	G4.4.
Lesson 15	My Friend Has a Problem	Responsible Decision-Making / Identifying Problems	G4.4.
Lesson 16	Understanding My Personality	Self-Awareness / Accurate Self-Perception	G1.2.
Lesson 17	Consequences of Stress	Self-Management / Stress Management	G2.1.
Lesson 18	Appreciating Diversity	Social Awareness / Appreciating Diversity	G3.5.
Lesson 19	Having Difficult Conversations	Relationship Skills / Communication	G4.2.
Lesson 20	Anticipating a Situation	Responsible Decision-Making / Analyzing Situations	G5.2.
Lesson 21	Character Helps Me Succeed	Self-Awareness / Self-Efficacy	G1.2.
Lesson 22	Impulses and My Brain	Self-Management / Impulse Control	G2.1.
Lesson 23	Empathy in Action	Social Awareness / Empathy	G3.3.
Lesson 24	Evaluating Information	Responsible Decision-Making / Evaluating	G5.2.
Lesson 25	Self-Motivation Leads to Success	Self-Management / Self-Motivation	G2.1.; G2.2.
Lesson 26	Where Do I Go From Here?	Responsible Decision-Making / Reflecting	G2.1; G2.2.; G5.3.
Lesson 27	Setting Yourself up for Future Success	SEL Plus – Academic Achievements	G2.2.; G5.3.
Lesson 28	Why Bullies Bully	SEL Plus – Bullying	G3.4.; G3.6.; G4.4.
Lesson 29	Technology Safety	SEL Plus – Personal Safety	G3.6.; G5.1.
Lesson 30	Consequences of Honesty and Dishonesty	SEL Plus – Honesty	G5.3.
Lesson 31	Reframing Anxious Thoughts	SEL Plus – Feeling Anxious	G1.1.; G2.1.
Lesson 32	Handling Broken Promises	SEL Plus – Disappointment	G2.1.; G2.3.
Lesson 33	Mood: Changes in My Body and My Brain	SEL Plus – Moods	G2.1.
Lesson 34		SEL Plus – Transition	G1.1.; G2.3.; G3.4.; G4.2.
Lesson 35	3rd-5th: Dealing With Grief	SEL Plus – Grief	G1.1.; G2.3.; G4.2.
Lesson 36	3rd-5th: The Gift of Gratitude	SEL Plus – Gratitude	