

# QuaverSEL is Designed for Elementary Students

**Create an environment for elementary students and educators to connect and thrive!**



QuaverEd, Inc is an education technology company specializing in elementary school curricula, including SEL. QuaverSEL curriculum resources help teachers, counselors, and administrators effectively incorporate SEL in every corner of the elementary school campus.



**QuaverSEL is intentionally designed to meet the unique needs of Pre-K to 5 learners.**

We know that social and emotional learning (SEL) is not a “one size fits all age groups” domain. QuaverSEL lessons are scaffolded to meet students as they grow from Pre-K to 5th grade, both in content matter and in the ways we engage their physical and cognitive development.

**As a child’s brain forms, effective SEL instruction can help lay a sturdy foundation for learning about one’s own emotions and self to develop:**

- a healthy self-identity
- self-confidence
- a love for learning
- care and consideration for others



**Each QuaverSEL lesson is packed with a series of engaging multimedia resources:**

- teacher-facilitated group discussions
- an animated song or story emphasizing the lesson’s main message
- movement activities
- interactive games to reinforce the lesson
- role play
- reflection time



## QuaverSEL is Developmentally Appropriate for Elementary Students

Within elementary ages, the stages of physical, social, emotional, and cognitive development vary greatly.

As we develop lessons for QuaverSEL, we consider each age group's unique needs. See examples from QuaverSEL lessons below.



### Prekindergarten through 1st Grade

Four, five, and six-year-olds need physical movement throughout the day. They like to help, follow rules, and be cooperative. Their reading abilities are limited.

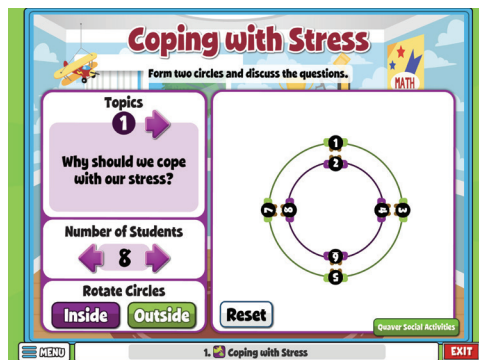
We designed "Self-Control Simon" to use audio and visual cues to teach young learners about impulse control and listening skills while providing an opportunity to be physically active through repeated actions.



### 2nd and 3rd Grade

As students mature, their attention spans grow longer and they develop more reading skills. They become more sensitive to others' feelings and begin to work well in groups.

"Reflection Chain" offers students in the middle elementary grades a creative opportunity to do a hands-on activity together in a small team, then reflect upon the team's work.



### 4th and 5th Grade

Upper elementary students grow more industrious and can think more abstractly. They begin to see the "bigger world."

"Coping with Stress" offers intellectually curious students the opportunity to discuss prompts regarding stress with different partners. This activity allows students to share their own individual views as well as learn about the perspectives of other classmates.

*QuaverSEL will ensure that all of your Pre-K to 5 students have access to a high-quality SEL education.*

**See how QuaverSEL can impact your classroom.  
Start a free 30-day preview today!**

[QuaverEd.com/preview](https://QuaverEd.com/preview)