



Kindergarten *Movement Map*

Explore the map below to see how each QK-5 lesson integrates gross and fine locomotor and non-locomotor movements for:

- Learning
- Exploration
- Creation
- Differentiation
- Assessment
- Musicality

First Nine Weeks

Module 1 - Beat

- Welcome to Music!**
Enhance a song, create a circle, creation
- Beat**
Use movement to find and demonstrate the beat
- Steady Beat**
Express and assess steady beat through movement

Module 2 - Voice

- Whisper, Talk, Shout, and Sing**
Demonstrate voice types with movements
- Whisper, Talk, Shout, and Sing II**
Connect movement to singing
- My First Performance**
Move while singing a variety of songs

Module 3 - Rhythm

- Rhythm Introduction**
Move different ways to a steady beat (motor and non-locomotor)
- Beat or Rhythm**
Move to simple rhythms in a song from a diverse culture
- Sing, Play, & Move to Rhythm**
Move to rhythm patterns

Second Nine Weeks

Module 4 - Pitch

- High and Low**
Use movement to explore High and Low
- More about High and Low**
Use movement to create High and Low
- Pitches and Singing**
Use movement to assess High and Low songs

Module 5 - Melody

- Up and Down**
Move to melodic direction
- Singing Up and Down**
Up and Down freeze dance
- Sing It!**
Express melody and create movements to cross curricular connections

Module 6 - Meter

- Patterns of 2**
Perform movements to a song in a pattern of 2
- Patterns of 3**
Perform movements to a song in a pattern of 3 (ex: reinforce with movement to a Classical Piece in 3)
- Patterns of 4**
Perform movements to a song in a pattern of 4

Third Nine Weeks

Module 7 - Instruments

- Into to Instrument Families**
Learn how to "airplay" instruments in the major instrument families
- Woodwinds and Brass**
Create movements to match "Woodwind Animals," move to the beat circle games
- Percussion and Strings**
Create and perform simple body percussion patterns

Module 8 - Dynamics

- Loud and Soft**
Create movements to reflect loud and soft sounds in the music
- Singing Loud and Soft**
Use movement to help sing loud and soft alone and as a group
- Playing Loud and Soft**
Use movement such as clapping and dancing to access loud and soft

Module 9 - Tempo

- All About Tempo**
Create movements reflecting tempos of fast and slow classic and original songs
- Fast or Slow?**
Move like a train to explore fast and slow tempos
- Tempo Changes Around Us**
Use movement to assess and explore fast and slow tempos

Fourth Nine Weeks

Module 10 - Duration

- Introduction to Long and Short Sounds**
Explore and move with long and short gestures to match the music
- Playing Long and Short Sounds**
Connect long and short sounds to balle, create your own movements to a familiar song
- Moving to Long and Short Sounds**
Perform sound and character actions, practice long and short movements, create your own dance

Module 11 - Listening

- Found Sounds**
Find sounds created through creative movement
- Singing, Voice, and Timbres**
Act out songs using different voices and movement
- Woodwinds and Percussion**
Play and move to "Woodwind Animals," connect found sounds to created percussion instruments

Module 12 - Year End Review

- Keyword and Activity Review**
Review keywords and favorite songs from the year through moving and creating movements
- Year-End Assessment and Favorite Songs Review**
Rehearse movements for the concert/presentation
- Family Day**
Perform movements for the concert/presentation



1st Grade *Movement Map*

Explore the map below to see how each QK-5 lesson integrates gross and fine locomotor and non-locomotor movements for:

- Learning
- Exploration
- Creation
- Differentiation
- Assessment
- Musicality

First Nine Weeks

Module 1 - Beat

- Welcome to Music!**
Enhance a song, create a circle, creation
- Steady Beat**
Use movement to find and demonstrate the beat
- Strong and Weak Beats**
Discover strong and weak beats through singing and movement

Module 2 - Meter

- Meters of 2 and 4**
Promote moving to strong/weak and a meter of 2, create body percussion in a meter of 2
- Meter of 3**
Act out a song and move to a meter of 3 in different songs
- Changing Meters**
Feel the differences in meters of 2, 3, and 4, create body percussion examples

Module 3 - Rhythm

- Practicing Rhythm**
Feel and reproduce a rhythm using movement
- Sing, Play, and Move to Rhythm**
Improvise rhythms with movement and instruments
- Austin Otto**
Create a movement ostinato

Second Nine Weeks

Module 4 - Voice

- Four Different Voices**
Imitate movements to explore the five voices
- My Voice is an Instrument**
Move to the beat, explore chest versus head voice
- Sing and Breathe**
Exercise and interact to work on breathing muscles

Module 5 - Lines and Spaces

- Intro to Lines and Spaces**
Use a two-line floor staff to connect Sol and Mi with physical movement
- We're Getting into Treble Clef**
Move to a song, connect Sol and Mi to physical movement, bounce to the beat
- Pitches and Intervals**
Move with vocal and body warm-ups, use creative movements, put LA on the floor staff

Module 6 - Melody

- Melodic Patterns and Directions**
Demonstrate melodic direction with your body
- What Is Melody?**
Improvise movements to Jazz melodies
- What is a Song?**
Compose a class melody and dance using Sol, Mi, and La

Third Nine Weeks

Module 7 - Notes and Rests

- Sound and Rests**
Create and use motions for rests
- Notes and Rests**
Create movements to composed rhythms
- Pitches and Rhythms**
Move to high and low pitches

Module 8 - Tempo

- Three Basic Tempos**
Move to different tempos, demonstrate how that makes the music's feel change
- Which Tempo is Best?**
Create a composition and add movement to reflect the different tempos
- Getting Faster, Getting Slower**
Move to changing tempos while keeping a steady beat

Module 9 - Dynamics

- Loud and Soft**
Create movements for a familiar song
- Getting Louder, Getting Softer**
Perform movements for a familiar song to demonstrate loud and soft
- Dynamics Add Spice**
Create your own dynamics and dynamic movements

Fourth Nine Weeks

Module 10 - Instruments

- String Family Introduction**
Air play to review orchestral instruments
- All About Percussion**
Use body movements as a form of percussion
- Classroom Percussion Instruments**
Move to Latin music

Module 11 - Form

- AB Form**
Create movements in AA or AB form
- ABA Form**
Dance the Tango
- Repeat Sign Mystery**
Move and dance to numerous songs to experience what a repeat sign does to the music

Module 12 - Year-End Review

- Keyword and Activity Review**
Review keywords and favorite songs from the year through moving and creating movements
- Year-End Assessment and Favorite Song Review**
Rehearse movements for the concert/presentation
- Family Day**
Perform movements for the concert/presentation



2nd Grade *Movement Map*

Explore the map below to see how each QK-5 lesson integrates gross and fine locomotor and non-locomotor movements for:

- Learning
- Exploration
- Creation
- Differentiation
- Assessment
- Musicality

First Nine Weeks

Second Nine Weeks

Third Nine Weeks

Fourth Nine Weeks

Module 1 - Beat

Welcome to Music

1

Sing and move to a beat and to review the five voices

Steady Beat

2

Sing and move to strong and weak beats in songs

Strong and Weak Beats

3

Identify and explore strong and weak beats (for example: walking like a mummy)

Module 2 - Meter

Meter Review 2/4 and 4/4

4

March, walk and dance the Samba to experience meters of 2 and 4

Meter in 3/4

5

Ice skate and Waltz to experience meter or 3/4

Identifying Meters

6

Identify and connect movement to songs in different meters

Module 3 - Rhythm

Beat Against Rhythm 2

7

Move to the beat using different tempos and then creating your own rhythms

Singing, Play, & Move to Rhythm 2

8

Create body ostinatos to go with familiar songs

Ostinatos 2

9

Improvise dance moves

Module 4 - Singing

My Voice is an Instrument

10

Move to explore, find, and use your diaphragm

Singing Solfège

11

Identify and use the staff from bottom to top using movement

Singing Partner Songs

12

Enrich students' experience with Do, Mi, Sol, and La by performing movements to accompany a partner song

Module 5 - Melody

Melodic Direction

13

Use a floor staff to introduce steps, skips, and repeated notes

Melodic Phrases

14

Find movements to help sing, play, and identify phrases

The Pentatonic Scale

15

Play a game to a pentatonic song

Module 6 - The Baroque Period

The Baroque Period

16

Do a "fancy" dance to Baroque music

Baroque Period Music

17

Create a "fancy" dance to a holiday song

Baroque Composers and Orchestra

18

Use movement as part of the assessments in this lesson

Module 7 - Notes and Rests

Note Durations

19

March to a steady beat and introduce actions that show three note durations

Accent Marks

20

Stamp out the strong and weak beats then move with accents

Writing Notes and Rests

21

Compose simple rhythms and put a movement on the rest

Module 8 - Dynamics

Adding "issimo"

22

Keep the steady beat to an original song

Crescendo and Decrescendo

23

Demonstrate dynamic changes with movement

Dynamics Create Interest

24

Sing expressively using movement and dynamics

Module 9 - Instruments

Instruments of the Orchestra

25

Identify and mime the instruments of the orchestra

The Brass Family

26

Move to the Mexican Hat Dance

Science of Sound

27

Listen and move to different styles of brass instruments

Module 10 - Composing

Composing Rhythm

28

Compose creative rhythms and add movement

Composing Melody

29

Work together to sing and create Do, Mi, Sol patterns on floor staff

Composing Lyrics

30

Move to an original song

Module 11 - Form

AB Form and Repeat Sign

31

Move to songs with repeats signs

ABA Form

32

Create movements to recognize A and B form

ABACA Form

33

Play a game to test students' knowledge of three types of form

Module 12 - Year-End Review

Keyword and Activity Review

34

Review keywords and favorite songs from the year through moving and creating movements

Year-End Assessment and Favorite Song Review

35

Rehearse movements for the concert/presentation

Family Day

36

Perform movements for the concert/presentation



3rd Grade *Movement* Map

Explore the map below to see how each QK-5 lesson integrates gross and fine locomotor and non-locomotor movements for:

- Learning
- Exploration
- Creation
- Differentiation
- Assessment
- Musicality

First Nine Weeks

Module 1 - Rhythm

- Welcome to Music!**
Sing and move to review musical concepts
- Meter Sign**
Move to meters of 3 and 4
- Ostinatos**
Create ostinato dance moves and move to a 4-beat pattern

Module 2 - Singing

- Identifying Different Voices**
Move to songs from Ghana
- Musical Alphabet**
Reinforce concept of a cumulative song with a memory exercise with movement
- Rounds and Cannons**
Develop student's ability to sing and move to an original song

Module 3 - Melody

- Lines and Spaces**
Move on a floor staff to discover and reinforce labeling the lines and spaces
- Melodic Movement**
Express melodic direction with body movements
- Pentatonic Scales**
Learn a simple folk dance to a familiar folk song

Second Nine Weeks

Module 4 - The Classical Period

- The Classical Period**
Respond to music from the Classical Period with creative movement
- Classical Period Music**
Create a game to assess Classical music facts
- Classical Composers & Orchestra**
Listen to audio samples and use movement to decide if it is Baroque or Classical

Module 5 - Notes and Rests

- Sixteenth Notes**
Move to a song of 16th notes
- Whole Notes and Whole Rests**
Explore movements to reinforce different durations
- Writing Notes and Rests**
Use body percussion to play various rhythms along with the steady beat

Module 6 - Dynamics

- Mezzo Forte, Mezzo Piano, & Sforzando**
Reinforce ability to identify dynamics in a piece of music through adding movement
- Crescendo & Decrescendo Review**
Enhance student's experience with crescendo and decrescendo by doing a theater arts activity
- Identifying Dynamics**
Move to different dynamics by recognizing them visually and aurally

Third Nine Weeks

Module 7 - Instruments

- Recorder 1/Woodwinds**
Add movements to remember the techniques learned in the My Recorder Song
- Recorder 2/Woodwinds**
Move to the beat by walking like a mummy while learning notes B and A
- Recorder 3/Woodwinds**
Improvise, move, and explore AB songs on recorder

Module 8 - Styles

- Recorder 4/Blues**
Play and move to reinforce repeat signs
- Recorder 5/Blues**
Move to a blues piece
- Recorder 6/Blues**
Do the Recorder Shuffle!

Module 9 - Tempo

- Recorder 7/Tempo**
Explore movement and different tempos - especially molto
- Recorder 8/Tempo**
Move using accelerando and ritardando while playing the recorder
- Recorder 9/Tempo3**
March and conduct in a meter of 2

Fourth Nine Weeks

Module 10 - Chords and Harmony

- Recorder 10/Chords & Harmony**
Canoe with major/minor songs
- Recorder 11/Chords & Harmony**
Add a hand jive game as you learn more notes on your recorder
- Recorder 12/Chords & Harmony**
Review all of your recorder songs with fun movement games to go along with

Module 11 - Form

- Form and Introduction**
Create a movement introduction for a song
- Refrain**
Move to an AB and ABA song - including freeze dance!
- Combining Form Elements**
Add movements to your own AB or ABA song

Module 12 - Year-End Review

- Keyword and Activity Review**
Review keywords and favorite songs from the year through moving and creating movements
- Year-End Assessment and Favorite Songs Review**
Rehearse movements for the concert/presentation
- Family Day**
Perform movements for the concert/presentation



4th Grade Movement Map

Explore the map below to see how each QK-5 lesson integrates gross and fine locomotor and non-locomotor movements for:

- Learning
- Exploration
- Creation
- Differentiation
- Assessment
- Musicality

First Nine Weeks

Module 1 - Rhythm

- Welcome to Music!**
Promote students' creativity as well as ability to sing, play, and move to the rhythms of a song
- Terrific Triplets**
Use two handed instruments or body percussion to play along with triplets
- Super Sixteenth Notes**
Move with 16th notes

Module 2 - Singing

- Octaves, Descants, & Patriotic Music**
Use movement to help remember words of patriotic songs
- Singing Triads**
Use disco moves to indicate phrases then create choreography for a disco song
- Part Singing and Florida History**
Use solfège or body solfège/movement to demonstrate the melodic direction in a song

Module 3 - Melody

- Ascending and Descending Scales**
Put ascending and descending scales on your body
- Major and Minor Melodies**
Use movement to demonstrate major/minor and to help analyze a song from Ghana
- Melodic Ostinatos**
Learn three ostinatos using body percussion

Second Nine Weeks

Module 4 - Duration

- Duration Review**
Reinforce students' understanding of rhythms by playing instruments and moving
- Dotted Quarter Notes**
Practice conducting patterns for music in a meter of 3 and 4
- Tied Notes**
Use conducting to introduce tied notes

Module 5 - Notation

- Keeping Up With the Score**
Explore movements to reinforce major and minor
- Getting to Know E and D**
Create ostinatos and use movement to determine the small form and phrases
- Giving Thanks**
Create a dance to a song for Thanksgiving

Module 6 - Articulation & Tempo

- Articulation Review**
Keep the beat
- Tricky Tempos**
Explore ballet movements to connect with Tchaikovsky
- Timbre**
Create different timbre examples using body percussion

Third Nine Weeks

Module 7 - Instruments

- Orchestral and Concert Band Instruments**
Have fun pretending to play concert band instruments while listening to a patriotic song
- Guitars and Fretted Instruments**
Play lots of air guitar!
- Playing Fretted Instruments**
Extend students' understanding of fretted instruments by exploring the history of rock music

Module 8 - Chords and Harmony

- Major and Minor Chords**
Demonstrate the effects that major and minor tonalities on music
- Playing Chords and Harmony**
Move along with an original song
- Playing Accompaniment Parts**
Use body percussion to help create accompaniments to familiar songs then transfer to instruments

Module 9 - The Romantic Period

- Time Machine**
Use movement as part of assessment game
- Making Music in the Romantic Period**
Perform dance moves to The Nutcracker Suite
- Telling a Story with Music**
Tell a story with movement, too!

Fourth Nine Weeks

Module 10 - The Rap Project

- The Rap Project**
Perform a simple rap in a small group
- Creating My Rap**
Perform a simple rap in a small group
- Rhymes, Rhythm, and Rap**
Create moves to go with your backing track

Module 11 - The Rap Project

- Dynamic Rapping**
Learn dance movement to accompany rap in QDancer
- Rap Rehearsals**
Create movements to an original song
- Rap It Up (The Performance)**
Perform your movements with your project

Module 12 - Year-End Review

- Keyword and Activity Review**
Review keywords and favorite songs from the year through moving and creating movements
- Year-End Assessment and Favorite Song Review**
Rehearse movements for the concert/presentation
- Family Day**
Perform movements for the concert/presentation



5th Grade *Movement Map*

Explore the map below to see how each QK-5 lesson integrates gross and fine locomotor and non-locomotor movements for:

- Learning
- Creation
- Assessment
- Exploration
- Differentiation
- Musicality

First Nine Weeks

Second Nine Weeks

Third Nine Weeks

Fourth Nine Weeks

Module 1 - Meter

Welcome to Music!

1

Use movement to review class rules and play name games/welcome back games

Meter Review

2

Review conducting in different meters

Meter of 6/8

3

Play and move along to classic and original songs in 6/8

Module 4 - Melody

Sharps and Flats

10

Play an interactive game to introduce half and whole step

Major Scales and Key Signatures

11

Create a human bell pitch game

Improvising on Major Scales

12

Improvise movement and new melodies and rhythms

Module 7 - Instruments

Symphony Orchestra

19

Play a game to reinforce the symphony orchestra seating chart

String Family

20

Create movements to help remember string vocabulary

Strings and Music Styles

21

Introduce square dancing and teach a simple example

Module 10 - The Commercial Project

Creating a Commercial Project

28

Use movement to attract attention like in advertising

Our Product

29

Use expression and facial movements to sell your product idea in your group

Composing Our Live Music

30

Create movement to accompany original ostinatos

Module 2 - Rhythm

Rhythm Review

4

Explore movements to help remember and reinforce dynamics and durations

Syncopation

5

Move to explore and understand syncopation

Dotted Note Rhythms

6

Create body percussion to help understand dotted notes

Module 5 - Notation

Notation Symbol Review

13

Review notation through movement and a floor staff

Use of Accidentals

14

Play games and instruments to assess and reinforce understanding of accidentals

Use of Dynamics

15

Move to demonstrate dynamics in the music you hear or perform

Module 8 - The Impressionist Period

The Impressionist Period

22

Create sound and movement journeys

Impressionist Period Music

23

Draw or move to visually express the music you hear

Impressionist Period Composers

24

Use movement during assessment and to play a game to extend historical knowledge of composers

Module 11 - The Commercial Project

Creating Our Jingle

31

Practice freestyle rhyming and moving

Putting It All Together

32

Create movements to an original song

The Performance

33

Perform your movements with your project

Module 3 - Singing

SATB Music and Bass Clef

7

Move as you warm-up voices

Descants

8

Move as you warm-up voices

Music from Other Lands

9

Create your own movements to tell the story of this Chinese song, work with a partner

Module 6 - Listening

Performance Evaluations

16

Performances

Rhythm Dictation

17

Sing, move and play to an original song

Identifying Music Styles

18

Performances

Module 9 - Chords and Harmony

Chords & Harmony Review

25

Play a game to create chords using familiar instruments

Major vs. Minor Chord Review

26

Create a movement to demonstrate you recognize major vs minor

Progressions Using I, IV, and V

27

Play a game to reinforce chords

Module 12 - Year-End Review

Keyword and Activity Review

34

Review keywords and favorite songs from the year through moving and creating movements

Year-End Assessment and Favorite Song Review

35

Rehearse movements for the concert/presentation

Family Day

36

Perform movements for the concert/presentation