



Curriculum Map

Week	Health Module	PE Unit	Week
1	Module 1: General Health	Unit 1: PE 101	1
2			2
3			3
4			4
5	Module 2: Social Behavior	Unit 2: Foot Dribble/Pass	5
6			6
7			7
8			8
9	Module 3: Responsible Decision Making	Unit 3: Kick	9
10			10
11			11
12			12
13	Module 4: Healthy Practices and Hygiene	Unit 4: Catch	13
14			14
15			15
16			16
17	Module 5: Mental Health and Wellness	Unit 5: Throw	17
18			18
19			19
20			20
21	Module 6: Healthy Eating and Nutrition	Unit 6: Hand Dribble/Pass	21
22			22
23			23
24			24
25	Module 7: Disease and Illness Prevention	Unit 7: Volley	25
26			26
27			27
28			28
29	Module 8: Safety and Accident Prevention	Unit 8: Jump and Balance/ Spins and Rolls	29
30			30
31			31
32			32
33	Special Topics: Five Senses (Grades K-2) Abuse and Neglect (Grades 3-5) Body Systems (Grades 3-5) Puberty (Grade 4) Reproduction (Grade 5)	Unit 9: Jump Rope	33
34			34
35			35
36			36
		Unit 10: Strike with Manipulative	
		Unit 11: Track & Field	
		Unit 12: Beyond the Gym	